



REFERRAL FORM

SERVICE REQUIRED (see 2nd page for details)

Pre Liability Stress Assessment Case Review Stress Assessment Initial Assessment
 Episodes of Treatment Trauma Response Facilitated Workplace Resolution
 Employee Support Service (ESS) Employee Assistance Program (EAP)
 Other (eg, Greivance, Training, Pre Employment Screening)

INJURED WORKER DETAILS

Title		First Name		Surname	
DOB		Occupation		Interpreter	Yes <input type="checkbox"/> No <input type="checkbox"/>
Residential Address					
Contact	H)		W)		M)
Nature of Injury					
Date of Injury			Work status		

EMPLOYER DETAILS

Title		First Name		Surname	
Company			Position		
Address					
Contact	P)		F)	email	

INSURER/AGENT

Claims Officer			Company		
Claim Number			Postal Address		
Contact	P)		F)	email	

NOMINATED TREATING DOCTOR

Name			Practice Name		
Address					
Contact	P)		F)	email	

OTHER TREATING PROFESSIONAL

Name			Occupation		
Address					
Contact	P)		F)	email	

REFERRER

Name			Company		
Contact	P)		F)	email	

PLEASE FAX TO (02) 9542 6900 or EMAIL office@trinitypsych.com.au

SERVICES OVERVIEW

PRE LIABILITY STRESS ASSESSMENT

Assessment to assist in determining liability following claim for Psychological injury. Includes clinical assessment and factual investigation, with signed statements. Can also include in depth treatment plan on request

CASE REVIEW STRESS ASSESSMENT

Assessment to assist determine ongoing liability of accepted claim and or identify issues causing delay in recovery and return to work. Includes clinical assessment, factual investigation (where appropriate signed statements) and in depth treatment plan

INITIAL ASSESSMENT (psychological and physical injuries)

Detailed assessment to identify the factors impeding recovery/return to work and potential for injury chronicity. Provides detailed treatment recommendations. For a psychological injury referral is appropriate at the beginning of the injury. For a physical injury referral is appropriate once it becomes clear recovery is being delayed as a result of psycho-social factors.

EPISODES OF TREATMENT

5 Session Rapid Recovery Program focusing on:

- Fear Avoidance
- Catastrophising
- Problem Solving Difficulties in the Workplace

Includes brief Initial Assessment Report and Program Completion Report

TRAUMA RESPONSE

Program of face to face counseling and telephone monitoring aimed at addressing symptoms of trauma. Includes:

- Psycho-education on the nature of Trauma – this includes normalizing symptoms
- Development of arousal reduction strategies and other coping strategies
- Desensitisation in the workplace where appropriate
- Avoidance prevention

FACILITATED WORKPLACE RESOLUTION

This intervention is process and solution driven which involves the following steps

1. Gaining relevant information from the employer about the background to the conflict
2. Meeting parties individually to clearly identify issues to be addressed
3. Encouraging resolution through motivational interviewing and education.
4. Brokering an agreement to be signed by both parties
5. Joint meeting is held only after agreement has been reached
6. Where appropriate/agreed we can conduct a follow up session to ensure agreements are continuing to work.

If either party is not willing to come to an agreement, the mediation process is terminated. Recommendation would then be made to identify alternative strategies

EMPLOYEE SUPPORT SERVICE (ESS)

Normally up to 3 sessions of counseling for non Workers Compensation matters. Workplace issues are identified and feedback is provided to the referrer with the aim of addressing work related issues. Normally referral is made by the employer/manager.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Up to 3 sessions of counseling for non Workers Compensation matters. Is totally confidential and the main purpose is to assist employees with purely personal problems.

OTHER PROGRAMS e.g. Training, Investigations, Anger management etc

Trinity provides a range of tailored training, investigation and program packages. Please contact our Business Services Manager to discuss these packages in more detail.